

# Life. Choice. Community.



## **Mental Health Recovery**

Phone 1800 001 005
Email customerservices@gcss.org.au
Web www.gcss.org.au

### **Mental Health Recovery**

At Golden City Support Services we make a difference in people's lives.



- We support you to enjoy community activities
- Provide opportunities for you to get involved in small groups and connect with other people
- Mental Health Carers Resource Service for people who care for people with mental health issues
- We provide transitional supported accommodation for people
- NDIS Support Coordination
- NDIS Financial Intermediary Services



#### How we provide support

We collaborate with you and the other people in your life who support you on your mental health journey.

We understand that every person has a different situation and we work with you to have greater choice and control over your life



Bendigo and surrounding region



## What can Golden City Support Services assist you with?

- Transition into education and employment
- Everyday decision-making
- Communication
- Getting around
- Linking to health and therapies
- Everyday tasks
- Getting along with others



#### **Find Out More**

Contact Golden City Support Services Customer Services Team for Mental Health Recovery Services.

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#### Registered NDIS Provider