

Golden City  
**SUPPORT**  
SERVICES



Life. Choice.  
Community.



# Frail Aged and Dementia

Local care for older people and their carers

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# Frail Aged and Dementia

Are you caring for someone who is frail, aged or has dementia? Do you need time out? Are you looking for interesting, quality, safe care for the person you care for?



## *How we make a difference in people's lives*

- We give people who are carers a break from their carer role
- We support people to continue to live actively and well in their home and in the community



## *What can Golden City Support Services do for you?*

- Assistance to take part in local events
- Support you to explore new interests and skills
- Help to find groups or clubs to join
- We work alongside you in your home to do everyday tasks like cleaning, cooking and shopping



## *Join our regular social groups*

- Meet Me at the Gallery: a monthly social group
- Women and men's weekly social gatherings
- A support group for carers and people living with dementia



## *How we provide support*

The way we support engages people in their day-to-day life.

We provide support for people experiencing early stages of dementia and their carers in their home and in the community.

We support people to do what they want to achieve in their day-to-day lives, in their homes and community.



## *Location*

Bendigo and surrounding region.



## **Find Out More**

Contact Golden City Support Services Customer Services Team for Aged and Dementia Services.

**1800 001 005**

**[customerservices@gcss.org.au](mailto:customerservices@gcss.org.au)**

**[gcss.org.au](http://gcss.org.au)**

## **My Aged Care**

Supported by the Australian Government Department of Health