

General information

Your information

We will not share information about you without your consent unless you or someone else is placed in danger. Some information is kept for reports but will not show your name.

How we best work together

- Loddon Mallee Murray Medicare Local will provide professional services.
- We work together to write your plan.
- We both follow your agreed plan.
- We treat each other with respect.
- We come to meetings or tell each other if we can't.

Feedback

If you are happy or unhappy about our service or your plan, talk with the person you are working with.

Or you can contact the Loddon Mallee Murray Medicare Local Partners in Recovery team on 03 5441 7806.

We welcome your feedback. A consumer satisfaction survey is available at www.lmmml.org.au/community

Local contact information

Contact

Office

37 Rowan Street, Bendigo VIC 3550
Phone: 03 5441 7004
Fax: 03 5441 4454

Email: pir@lmmml.org.au

Website: www.lmmml.org.au

Facebook: facebook.com/LoddonMalleeMurrayML

Twitter: Follow us on Twitter @LMMML_

Useful resources

Resource centre for mental health consumers

www.ourconsumerplace.com.au

National Mental Health Consumer and Carer Forum

www.nmhccf.org.au

Mental Health Council of Australia www.mhca.org.au

Mind www.mindaustralia.com.au

Northern District Health Service www.ndchs.org.au

St Luke's www.stlukes.org.au

Golden City Support Services www.gcss.org.au



partners in recovery

People with a lived experience of serious mental illness are supported on a journey to a new level of wellness.



What is Partners in Recovery?

Our Partners in Recovery model of support is based on two key themes and three service principles.

Two key themes

1. Recovery focused

People with a lived experience of serious mental illness are supported on a journey to a new level of wellness and a valued sense of identity and purpose.

2. Support facilitation

Participants will be assisted by a support facilitator to have access to a range of services in line with their recovery goals and needs.



Three service principles

1. Person centred

We will keep the person at the centre of the services we provide.

2. Holistic

Together we will create a holistic recovery action plan in line with the person's goals.

3. Partnerships

We will work together with people using our program, and also their family members and carers where possible. We will help to co-ordinate the services and supports that are needed to make the recovery action plan work.



*Looking for ways to thrive,
not just survive.*

Who does it support?

Partners in Recovery is for people who:

- have a long standing serious mental illness.
- who have complex service needs.
- require substantial support and assistance to engage and co-ordinate the various services to meet their needs.
- have no existing or appropriate co-ordination arrangements in place.
- are willing to participate in the program.

Some of the services we can work together on includes:

- physical health
- mental health
- money
- education
- employment
- cultural needs
- social life
- housing
- enjoyment.

Acknowledgments

Loddon Mallee Murray Medicare Local acknowledges the Wemba Wemba, the Yorta Yorta, the Waddi Waddi, the Barababaraba and the Dja Dja Wurrung peoples as the traditional owners of the lands we work on.

We would also like to pay our respect to elders past and present and extend that respect to all Aboriginal people.

Medicare Locals gratefully acknowledge the financial and other support from the Australian Government Department of Health.